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### Just Checking Scenes From The

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Just Checking: scenes from the life of an obsessive-compulsive was written by Emily Colas in the year 1998. Separated into four parts, Emily Colas provides snapshots of her daily life and the struggles that she faces as a result of her disorder: obsessive-compulsive disorder. The anecdotes of her life are written in a journal-like manner.

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Just Checking Scenes from the Life of an Obsessive Compulsive Synopses & Reviews. Emily Colas -- young, intelligent, well-educated wife and mother of two -- had a secret that was... About the Author. Emily Colas is thirty-two years old and lives in New York City. Just Checking is her first book. ...

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Just Checking : Scenes from the Life of an Obsessive-Compulsive by Emily Colas (1999, Paperback) The lowest-priced brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

### Just Checking : Scenes from the Life of an Obsessive ...

Her book Just Checking: Scenes From the Life of an Obsessive-Compulsive illustrates her struggle with obsessive-compulsive disorder (OCD), and the effects it had on her life and family. She lives in Los Angeles.

### Just Checking: Scenes From the Life of an Obsessive ...

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Just Checking: Scenes from the Life of an Obsessive-compulsive. Emily Colas. Pocket Books, 1998 - Biography & Autobiography- 165 pages. 5Reviews. "As my friend the heroin addict says, "You're only..."

### **Just Checking: Scenes from the Life of an Obsessive ...**

JUST CHECKING: Scenes from the Life of an Obsessive-Compulsive. A frank and funny first-person account of living with obsessive-compulsive disorder. Colas, a young woman obsessed with the notion of being poisoned by drugs slipped into her food or contaminated by germs from ground-up hypodermic needles or diseased blood, tells of her life as a neurotic.

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### **Just Checking Quotes by Emily Colas - Goodreads**

Emily Colas is an American author. Her book Just Checking: Scenes From the Life of an Obsessive-Compulsive illustrates her struggle with obsessive-compulsive disorder (OCD), and the effects it had on her life and family. She lives in Los Angeles .

### **Emily Colas - Wikipedia**

Buy a cheap copy of Just Checking: Scenes From the Life of... book by Emily Colas. As my friend the heroin addict says, You're only as sick as your secrets. Emily Colas -- young, intelligent, well-educated wife and mother of two -- had a secret... Free shipping over \$10.

### **Just Checking: Scenes From the Life of... book by Emily Colas**

Title: Just Checking- Scenes From the Life of an Obsessive-Compulsive Author: Emily Colas Genre: Mental Health/Memoir Number of Pages: 165 Rating: B- Recommended?: Yes I had some serious mixed feelings about this book. Naturally, I gravitated more toward Triggered by Fletcher Wortmann and Because We Are Bad by Lily Bailey more than I...

### **Book Review: Just Checking by Emily Colas - Sarah's Corner**

Acknowledged authors Colas, Emily wrote Just Checking: Scenes from the life of an obsessive-compulsive comprising 176 pages back in 1999. Textbook and eTextbook are published under ISBN 0671024388 and 9780671024383.

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